

Stop Wasting Food

For the coming few weeks, Muslims will welcome the holy month of Ramadhan to carry out their duty of family.

This month is blessed for many reasons. Besides performing fasting, Muslims have the opportunity to obtain rewards for other good deeds, such as helping others, sharing food with neighbours and avoid wastage. But unfortunately some of our poor attitude and habits may spoil the prospect of attaining Allah's blessings. One of the bad habits is food wasting.

Based on the Solid Waste Management and Public Cleaning Corporation, data on food waste, the amount of food wasted in Ramadan is 15 to 20 per cent higher than the average month.

In Islam, there are many verses in the Quran and numerous habits on eating and matters associated with it. Food is seen as not only to fulfill one's need or hunger, but also as something that benefits our physical, mental and emotional well-being.

To Avoid wasting food, Muslims must uphold the true teaching of Islam especially moderation in buying, preparing and eating food. We must try our best not to waste food. Remember that, it is not easy to produce food. Food is blessing from Allah, thus do not waste it. Even more so in the glorious month of Ramadan, we must make an extra effort to avoid wasting food.

Adapted from : www.ikim.gov written by Puan Azrina Blunti Sobian /
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PART ONE / A) Reading Comprehension: (7pts)

Task One: (3pts) Read the text carefully and answer the questions :

- 1- What is the text about?
- 2- In which paragraph it is mentioned that we waste food in Rhamadan more than the other months?.....
- 3- What must we do to avoid wasting food?

Task Two: (2pts) Say if the sentences are 'true', 'false' or 'not mentioned':

- 1-Ramadhan is a sacred month
- 2- People waste less food during Ramadhan.
- 3- Bread is the first food people throw away.
- 4-people must defend the true teaching of Islam.

Task Three :(2pts) Match the words in column (A) with their equivalents in column (B)

A	B
-Perform	-Sacred
-In addition	-Carry out
-Blessed	-A lot of
-numerous	-besides

B/Mastery of Language :(7pts)

Task One: (2pts) Spot the mistakes and write the corrected sentence:

food waste is a bigger problem then people realize

Task Two(3pts) : A/ Rewrite the paragraph using the imperative form :(2pts)

To avoid food waste, we mustn't over buy .We should also check the use-by dates of fresh food when you buy it . Also, you shouldn't forget to plan ahead .You must think about what you are going to cook and how you will use the leftovers.

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B/Complete the table: (1pt)

Adjective	comparative	superlative
Good		
.....	Worse than	

Task Three: (2pts) Circle the silent letters :

Know - should - fasten - sandwich

PART TWO (6pts): Situation of Integration

Many unethical behaviours are daily witnessed during the fasting month (Ramadhan).people complain but don't act .The religious authorities of your town have decided to raise people's awareness about food waste and price rises .You want to participate in the campaign. Write an article saying what people should and shouldn't do to avoid waste and reduce prices.

B E S T O F L U C K

Your Teacher: Mr R.HADJ RABAH