

Level: 2AM.....

Full Name:.....

### The Second English Exam

Grains, fruit and vegetables, meat and other proteins, dairy, fat and sugar compose the five food groups. In a healthy diet, each group plays an important role. To keep in good health, people must consume a lot of grains, fruit and vegetables. They mustn't eat too much dairy, meat and other proteins, and they must avoid too much fat and sugar.

**Part One: A- Reading Comprehension:**

**A- Read the text carefully and answer the following questions ( 05 Pts)**

1-What are the five food groups?.....

2-What does each group play in a healthy diet?

3- What must people consume to have a good health?.....

**B- Find in the text words that are opposite to the following ( 01 Pts )**

Unhealthy ≠ .....

bad ≠ .....

**B- Mastery of Language:**

1)- Complete the following table ( 04 Pts )

ADVERBS	ADJECTIVES
carefully	
rapidly	
fast	
badly	

2)-Write the sentences with another form : ( 06 Pts )

1- She is going to travel to America.....

2- Is he going to play chess ?.....

3- They are not going to stay out.....

**PART TWO: Integration Phase (4 pts)**

**Classify the following words according to the table:**

Obesity -flu -cold- high blood pressure -cancer -AIDS-fever - cough

Common illnesses	Serious illnesses

**GOOD LUCK**